

Positive Behavior Checklist

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The following “requirements” are needed for a child to behave positively.

THEIR BIOLOGICAL NEEDS ARE MET

- They are not tired
- They are not hungry
- They are not sick
- The environment aligns with their temperament

THEIR EMOTIONAL NEEDS ARE MET

Their “accounts” are not too low:

- Connection
- Significance
- Capability
- Control
- Security

THEY HAVE THE SKILLS THEY NEED

They have mastered the ability to:

- Handle monotonous tasks
- Handle transitions
- Identify and solve problems
- Control their impulses
- Regulate their emotions

YOU ARE FIRM

- They know what is expected of them – not what they shouldn't do, but what they SHOULD do
- They know that rules/boundaries are firm, and they can't “get away” with anything
- You are not controlled by your own Yuck

