

CASE STUDY: When Your Child Is Mean When Others Touch Their Stuff

WHAT TO DO NOW

HOW YOUR CHILD IS STRUGGLING

When a child becomes mean, it's a sign that they're in Yuck. Often when someone touches a child's stuff, they feel a.) out of control, and b.) as if they don't matter – especially if the adults around them insist that they should be “nice” and don't respect that they didn't want their stuff touched.

SHORT TERM ACTION

Because we always want to approach Yuck by helping a child feel safe, start by letting them know that you care about their point of view.

Then offer a bit of control by asking them if there IS something they're willing to let the other person touch. If they say no, set a firm boundary and let them travel the Yuck Curve.



Remember, this is a short-term solution!
Use the **4R Method on the following pages** for reducing Yuck +
long-term improvement in behaviors, moods, and attitudes